

WOMEN IN HEALTHCARE SECURITY NEWS



WIHS Highlight



For this WIHS quarterly publication, National Security Services is sharing mental health and after pregnancy resources with the team provided by Kaiser Permanente.

Visit our WIHS-News page to access videos, tools, and resources for mental wellness for you or a loved one who has become a parent.

Shining STARS



**Lisa Trujillo, AUS
Healthcare Security
Officer, San Francisco
Medical Center, NCAL –
Life Saving Award**

Officer Trujillo acted calmly, kept patient calm, and notified help right away. Officer Trujillo's actions prevented the patient from harming themselves. The situation was safely mitigated.



Scan QR code or visit our STAR Program Wall of Fame at www.bcitoolkit.com/star



Tips & Tricks: Building Your Networking Skills

- Find new networking events that are held online or in-person.
- Focus on developing genuine relationships with the people you meet.
- Prepare what you will share with others and be mindful of your body language.
- Identify ways you will connect again with the people you meet.
- Be a resource to the people that become part of your network.



Resources



Visit ASISonline.org to read “Unveiling the Gender Gap in Security: Addressing Challenges and Embracing Diversity Introduction.” This is a great resource that explains the importance of women in security.

Scan the QR code to read the article! Get involved and share your celebrations via e-mail at wihs@kp.org



Mentoring Moment: Navigating Challenging Conversations: Tips for Women in Male-Dominated Industries

For women in male-dominated industries, mastering the art of navigating difficult conversations is crucial for success. Preparation is key - define your goals, anticipate objections, and practice assertive communication. Choose a calm, private setting and maintain composure during the conversation. Active listening and empathy are essential for constructive dialogue. Be assertive but not aggressive, clearly expressing your needs and boundaries. Seek support from mentors and colleagues for guidance and feedback.



By honing your communication skills and approaching challenging conversations with confidence, you can effectively advocate for yourself, drive positive change, and establish yourself as a respected voice in your industry. Your ability to navigate difficult conversations with grace and poise is a powerful tool for advancement and empowerment in the workplace.

Ally Corner



From my many years of LE and 8 years in health care security, I have come to realize the importance, benefits, and strength women bring to the LE & Security Industry. Their ability to promote dialogue and trust with members and patients often resulted in de-escalation and increased members' experience and perception of the organization and the direct healthcare provider team. Some of my most challenging security cases often got resolved with compassion and partnership after allowing my female staff the opportunity to mediate.

Shared by Jason Fowler, Service Area Security Leader (SASL).

We'd love to highlight examples from our department! **Share via email at wih@kp.org.**

Team Building Idea

Foster a good culture by incorporating quick and fun team building activities such as "The Amazing Race" to your team meetings! This activity will consist of putting the team through a series of challenges e.g. solving puzzles, finding items around the office/building, and then finishing with an obstacle course.

See more in the WIHS-News page!

Share Your Thoughts

Tell us about your topics of interest!

Please complete the survey via QR code or on the WIHS-News page!

