



# WOMEN IN HEALTHCARE SECURITY QUARTERLY NEWSLETTER

2024 Quarter 4



## WIHS Highlight: Workplace Violence

Healthcare professionals face a startling reality: they are five times more likely to experience workplace violence than individuals in other industries combined. To promote awareness and encourage proactive measures, WIHS has released an article on this critical topic. It delves into the four types of workplace violence, offers examples, and underscores the importance of robust and timely reporting mechanisms to identify trends and enhance workplace safety.

Join the conversation and explore actionable insights on how to mitigate risks and ensure a secure environment for all. Visit our [WIHS-News\\_page](#) to read the full article.

## Mentorship: A Key to Growth

Finding a mentor can help guide you on your career path. Look for someone who understands your challenges and can offer valuable insights. Don't hesitate to ask those you feel can be good mentors! And remember, mentorship is a two-way street; you can also mentor someone else.



## Allies Spotlight

*Having allies in the workplace can make a big difference. Allies are those who support, advocate, and uplift us, helping create a more inclusive environment. Look for ways to connect and support all colleagues. Together, we can foster teamwork and a supportive culture!*



## Professional Development: Skills That Matter!

- **Communication:** Clear, confident communication helps us advocate for ourselves and others.
- **Conflict Resolution:** Learn how to handle disagreements professionally. This skill is vital in healthcare security settings.



- **Leadership:** Seek out opportunities to lead small projects. This builds confidence and showcases your abilities.
- **Seek Feedback:** Regularly ask for feedback from peers and managers to identify areas for improvement. Constructive criticism can help you refine your skills and become more effective in your role.

# Shining STARS: Antioch Hero



## Healthcare Security Emergency Department Specialist Kalen Stewart, Antioch Medical Center, Northern California - Life Saving Award

Kalen Stewart assisted another officer in getting a member who was experiencing a medical emergency into the Emergency Department from the parking lot, resulting in the member receiving emergent cardiac care in time, which contributed to saving their life. This is one of the 18 lives saved by our teams in 2024!



Scan QR code or visit our STAR Program  
Wall of Fame at  
[www.bci-toolkit.com/star](http://www.bci-toolkit.com/star)



## Success Stories: Inspiring Journeys



We want to hear from you! Share your success stories, big or small, about overcoming challenges in your role. Your experiences can inspire others and strengthen our community. Email us at [Debora.Finkler@kp.org](mailto:Debora.Finkler@kp.org) to share your story!

## Empowerment Through Connection

As women in healthcare security, we know that our industry can sometimes feel like a tough place to navigate. But together, we can change that! This month, let's concentrate on fostering collaboration and overcoming obstacles together. Our goal is to enhance teamwork and improve our collective effectiveness.

*Every step we take towards empowerment matters. Let's keep supporting each other and building a strong community in healthcare security. Remember, we are stronger together! Together, we can make a difference in healthcare security. Thank you for your dedication!*



## Stay Connected!



Keep up with all the exciting updates, events, and news from WIHS: Scan the QR code or visit our website below. We're thrilled to have you as part of our journey!

[www.bci-toolkit.com/wihs](http://www.bci-toolkit.com/wihs)

